

The Soho Square Surgery  
30 Soho Square  
London W1D 3QS  
Tel 020 5346570  
Fax 020 5346566

21.08.2009

Dear Colleague

Margaret O'Leary  
Female  
Flat F  
15 St Annes Court  
London

W1F 0BE

16.03.1960

The above patient attended the surgery today with a number to symptoms related to stress. She is in mourning due to the recent passing of her mother. The on-going court case is also putting a lot of strain on her health emotionally and physically. Please take this into consideration.

**Consultations**

21.08.2009	at G.P.Surgery	by DR CLAIRE BASSILIOUS
	Problem title:	[D]Spasms NOS
	History:	Suffering with spasms at night when falling asleep. re-assured - is normal. Informed me chest suddenly tightens- stopped breathing at times, 1-2 breaths - then starts again. No syms during the day, or at any other time. Is having difficulty sleeping. Mother passed few weeks ago- in mourning.
	Examination:	Chest-clear, no wheeze, no creps., equal a/e bilaterally. PEFr- 500.
	Comment:	Reassured- all likely to be stress/anxiety related. Recent death of mother, also upcoming court case.. To try to relax at nighttime - as much as poss. and monitor syms.
21.08.2009	at G.P.Surgery	by DR CLAIRE BASSILIOUS
	Medication:	Hydrocortisone Cream 0.5 %

**Active Problems**